**Text activity 6**

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| **Frequency Adverbs** |
| **Adverb** | 100 % of the time. |
| Always. | 80 % of the time. |
| Usually. | 60 % of the time |
| Sometimes. / Often.  | 40 % of the time. |
| Rarely.  | 20 % of the time. |
| Hardly ever. |  0 % of the time. |
| Never.  |  |
| **EXAMPLES:** |
| I **am always** at work. |
| He **is usually** happy. |
| We **are never** sad. |
| You **sometimes listen to** music. |
| She **rarely uses** the computer.  |
| They **hardly ever eat** breakfast. |